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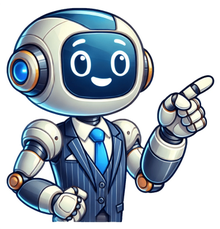

Advantages and disadvantages of technology in everyday life

When we can get the little things right at home with technology, then we are building a foundation of assistance that can reach out to our neighborhoods, communities, and countries. Haddon, L. In many parts of the world, particularly in rural or underdeveloped areas, access to the internet, computers, and smartphones remains limited. Technological advances have not only enabled the automatization of production, but also the use of robots in production. But, as it often goes with all things in life, technology is not only beneficial for us – it also has its downsides. Cities that embrace technology and innovation are often seen as attractive places for investment and talent, fostering a dynamic and prosperous business environment. Moreover, ICT infrastructure creates job opportunities in technology sectors, including software development, cybersecurity, and data analytics, further driving the local economy. This boost in efficiency is essential in today's fast-paced world, where time and resources are often in limited supply. Eleven, E., Karuovic, D., & Glusac, D. What do you think about when you hear the word "technology"?If you are like most people, then you will think about the favorite gadgets that you use each day. Telemedicine allows patients to consult with doctors remotely, which is especially beneficial for individuals in rural or underserved areas who may have limited access to healthcare facilities. From smartphones to computers and the internet, technology has revolutionized the way we communicate, work, and access information. Do you have an Xbox or a PlayStation console at home? Instead of moving 300,000 jobs overseas, artificial intelligence and machine learning could directly replace all of those employees. Moreover, ICT enables people to engage with a wider variety of cultures and perspectives, contributing to greater understanding and empathy in the global community. This aspect relates to transport. City councils can hold virtual town hall meetings, allowing residents to participate in decision-making processes without the need to be physically present. Online platforms offer a wide range of resources for learning new skills, whether it's a foreign language, programming, photography, or even cooking. We could begin to celebrate our differences instead of being scared by them.We may have gone from chat rooms to social media, but the concept of instant messaging remains the same. Additionally, the tracking of online activities by companies for advertising and marketing purposes raises concerns about privacy invasion. The integration of these codes enables avid gamers to delve deeper into immersive at French Betting Sites, unlocking new levels, accessing hidden features, and expanding their gaming horizons.. ICT plays a key role in improving public safety through the use of smart surveillance systems and predictive policing. M. In addition to being a seasoned writer, Louise has almost a decade of experience in Banking and Finance. The integration of Information and Communication Technology (ICT) is transforming urban environments into smarter, more efficient, and sustainable places to live. The convenience of online communication has also made it easier for people to avoid difficult conversations, such as conflict resolution or deep, meaningful discussions, which are essential for maintaining strong relationships. 2012 IEEE 10th Jubilee International Symposium on Intelligent Systems and Informatics, 483–488. That means the image in your mind might be that of a computer, a smartphone, or a video game console.Others think about the tools that they use in their profession. And if you thought that this concerns only theoretical subjects, even practical ones have the same problems, as there are equation solving applications, video guides on how to make or draw something, etc., and all of that can demotivate the student in the educational process. Through the use of sensors, farmers in urban areas can monitor soil moisture levels, temperature, and other environmental factors, optimizing crop yields while minimizing the use of resources like water and fertilizers. Information and Communication Technologies, Society and Human Beings: Theory and Framework (Festschrift in honor of Gunilla Bradley): Theory and Framework (Festschrift in honor of Gunilla Bradley). ICT has created a more interconnected, competitive, and dynamic global marketplace by enabling businesses to reach new markets, improve efficiency, and enhance customer engagement. These tools also facilitate the sharing of documents and resources, ensuring that teams can work together seamlessly, regardless of location. Can you imagine trying to find a specific destination while using an atlas? We often use technology as a way to learn new skills, ideas, or concepts. Thanks to the Internet, you're connected with the whole world and a lot of information is practically always at your disposal. Teachers and Teaching, 13(6), 587–599. They are, in a majority of cases, not fatal, but can be a real nuisance. Then you have first-hand experience with this benefit. Smart sensors installed in parks, streets, and other public spaces can track air quality, temperature, humidity, and noise levels, providing data that can be used to reduce pollution and create healthier living environments. In the past, communication was often limited by physical barriers—long-distance calls were expensive, and letter delivery took days or even weeks. Even in healthcare, ICT plays a crucial role; telemedicine allows patients to consult with doctors remotely, while health tracking apps help individuals monitor their fitness and well-being. With the advent of ICT, communication has become faster, easier, and more global. People have fast access to our payment information, home address, and birthdays because of the effectiveness of search engine technologies – even if you aren't on the Dark Web.If you initiate a web search that says "find [insert name]," then you'll receive multiple results with pictures and public information to review. That means new industries and economic development can develop in the service sector, but it also places us at a disadvantage when we need assistance. This article explores the advantages and disadvantages of using ICT in daily life. When we can have fun, then our brains can retain more of the information that we learn each day. This streamlined process improves diagnosis and treatment, reduces the risk of medical errors, and enhances the overall quality of care. How ICT Has Made Education More Accessible and Flexible for People Information and Communication Technology (ICT) has played a pivotal role in transforming education by making it more accessible and flexible for people of all ages and backgrounds. On a personal level, home automation systems, such as smart thermostats and voice-activated assistants like Amazon Alexa, help individuals manage household tasks more efficiently, from adjusting the temperature to setting reminders for daily chores. Procedia – Social and Behavioral Sciences, 152, 300–305. Overall, the impact of technology on society is complex and multi-faceted. These tools contribute to a more efficient and less stressful daily routine, freeing up time for other activities. Verbeek & A. Issues such as privacy concerns, over-dependence on technology, health problems, and social isolation are serious challenges that need to be addressed. Modern databases can store a lot of different data, they can be easily organized, and can be accessible to a large number of people with permission to access them. Assistive technologies, such as screen readers, speech-to-text software, and captioning tools, allow students with visual or hearing impairments to access educational content more easily. As machines and AI take over more tasks, workers in certain industries may find it difficult to adapt and may require retraining to stay relevant in the job market. 2018 IEEE World Engineering Education Conference (EDUNINE), 1–6. Additionally, cities can use ICT platforms to inform residents of emergency situations, such as weather alerts or evacuation instructions, ensuring that citizens stay safe in times of crisis. While most technological innovations have been put to good use, there are some that have not. Advantages of Using ICT in Daily Life Information and Communication Technology (ICT) has become indispensable to daily life. This is a very negative side-effect of technological development and it can potentially have devastating consequences for our society, if not controlled properly. For example, project management software like Trello, Asana, and Microsoft Teams allows employees to organize their tasks, set deadlines, and track progress, leading to more efficient collaboration. (2004). That also means the ability to copy or plagiarize previous publications is more common now than arguably at any other point in our history. Engaging Citizens in Urban Development: ICT fosters greater citizen engagement and participation in urban development in a smart city. Mobile banking applications allow users to check their accounts, transfer money, and pay bills without ever stepping foot inside a bank. This condition can lead to headaches, blurred vision, dry eyes, and neck pain. Through these tools, people can collaborate, share documents, hold meetings, and brainstorm ideas—all in real-time, without the need for face-to-face interactions. Applications like WhatsApp, Skype, and FaceTime have broken down geographical boundaries, enabling people to maintain close relationships, whether they are a few miles or several continents apart. In today's world, full of servers, networks, and databases, a world where people leave a digital trace each time they type something online – privacy is seriously endangered. How many sentences were there in that message?Writers today are encouraged to create short sentences that use simple words because people are in such a hurry. If you did, then you likely experienced one of the most revolutionary increases in communication technology. Smartphones have become essential tools for daily communication, allowing people to send text messages, make voice calls, and engage in video chats with friends, family, or colleagues from anywhere in the world. In the early days, people had to travel for days or weeks to a place we can now reach in several hours. Enhanced Communication: One of the most profound advantages of ICT is its ability to enhance communication. As urban areas continue to grow and face new challenges, ICT will play an even more significant role in creating cities that are not only more livable but also more responsive to the needs of their residents. ICT has also played a pivotal role in the growth of the gig economy and the rise of remote work. Additionally, the development of autonomous vehicles, supported by ICT, is expected to further reduce traffic and improve urban mobility, making transportation safer and more efficient. Anyone who knows how to turn on a computer can figure out how to manipulate videos, photos, and other materials to create whatever reality they prefer.This issue creates a unique problem in life. We can order food for delivery online from a favorite pizza place, purchase almost anything we want on a website like Amazon, or travel just about anywhere in the world with GPS.These technologies don't always give us the exact results we expect, but the convenience it offers is worth any potential hassle. Acknowledgements: Criollo-C, S., Luján-Mora, S., & Jaramillo-Alcázar, A. Technology greatly improved our ability to communicate with each other. We can go further and faster than ever because of technology. We all know what the infamous Nazi physician, Josef Mengele, did to his victims during the Third Reich, but he is – sadly – not the only example of such methods. Public transportation systems also benefit from ICT. Idea Group Inc (IGI). As the reverse side of a medal, technological innovations can be destructive, as well as constructive. We can read blogs from people in almost any country, access local news from almost anywhere, and stay connected to the lives of our family members and friends with social media.List of the Disadvantages of Technology1. Startups and entrepreneurs can thrive in smart cities by utilizing digital platforms for marketing, e-commerce, and customer engagement. We are in the middle of a new global development period where new techniques can create better efficiencies in almost every industry. Did you have the Internet in your home in 1995? (2018). Remember your History lessons on how long it took for people to copy books in the early days? Advantages and disadvantages the use of ICT in collaboration. Social media platforms, blogs, and websites allow anyone to post content, and this content is often not fact-checked before being shared. Our literacy rates and understanding of mathematics are at all-time highs because of the benefits that happen through technology.4. Technology lets us have fun in unique ways. Health Issues: The excessive use of ICT devices has been linked to various health problems, both physical and mental. Although SF writers have anticipated artificial long before it actually came to be, a lot of aspects of modern life could not be possible without artificial intelligence. That process resulted in an average learning capacity of 5%. If everyone prefers to live in a world of falsehoods, then how do we find a place to share some common ground?5. In addition, smart buildings are designed to use energy more efficiently. This article will explore the various disadvantages of using ICT in daily life, shedding light on the potential risks it poses to privacy, health, social interactions, and the environment. (2021). Technology did not just improve communication, it completely changed it. ICT has enabled businesses to automate processes and increase efficiency. We live in a culture that is rather judgmental today. For example, while social media platforms connect people globally, they can also foster isolation and spread misinformation. In this article, we will take a closer look at the effects of technology on our lives and explore the advantages and disadvantages of modern technology. Many of these technologies are extremely safe to use, enabling us to experience cultures in ways that were never possible before.11. Now we have printing presses that print thousands, even millions of copies in just one night. Enhancing Energy Efficiency: Smart cities use ICT to create more efficient and sustainable energy systems. Everything from a pen to the device you are using to read this content fits into this advantage. ICT has also revolutionized learning in education with online courses, digital textbooks, and interactive apps that allow students to access a vast range of resources from their homes. Did one of your parents teach you how to fix a car before you would be allowed to drive it? However, as beneficial as ICT can be, its widespread use comes with its own set of challenges. Tasks that were once performed by human workers, such as customer service, data entry, and manufacturing, are increasingly being automated, leading to job displacement. We understand the value of money better because of technology. V. We can do more in less space and time because of what technology offers to us every day.When our focus can be on innovation, then we have new opportunities to focus on the development of humanity. Although there are places where standing in line is still necessary, technology allows us to create proactive ways to avoid excessive waiting. Improving Public Services and Infrastructure: ICT is revolutionizing the way cities provide public services. The key, as with point six, lies in the measure of things. People can access different types of technology every day and that is certainly a good thing, because of all the other benefits technology has. And certainly, the competition to develop something new also leads to the improvement of what we already have. The idea of working smarter instead of harder might be a reflection of a desire to be more productive, but it is also a representation of the changes that we see in our culture. We use technology as a way to make our lives better in each generation. The development of modern technology has also created a completely new form of crime – cybercrime. The overuse of digital technology can lead to issues such as reduced face-to-face interactions, addiction to screens, and concerns about data privacy. These technologies have made it easier for businesses to accept payments from international customers, reducing the friction associated with cross-border transactions. Surgeons use new practices with better tools to create improved health outcomes. This is connected to points one and six, as mentioned above. Technology adds convenience to our lives. The ability to manipulate images, videos, and audio clips using ICT tools has made it even harder to differentiate between truth and falsehood, further exacerbating the problem. We are unable to keep up with this evolution, then it can become impossible to protect individual freedoms in some ways.11. Additionally, the spread of misinformation on social media platforms has become a major concern, with the potential to influence political and social movements. People are very curious by nature and they tend to experiment with stuff and… sadly, with humans and animals, too. This article explores the significant advantages of using ICT in daily life, highlighting how it enhances productivity, improves access to information, and creates opportunities for social connection and personal growth. Modern classrooms integrate several tools that students can use simultaneously to facilitate their learning. As we continue to embrace the digital age, ICT will undoubtedly play an even greater role in shaping the future, creating new opportunities for individuals and societies alike. These tools provide real-time data that can help individuals make informed decisions about their well-being and even alert doctors to potential health issues. Have you ever checked your smartphone to see if there were any texts or notifications that you had missed? Social media platforms like Facebook, Instagram, and Twitter further extend this reach, enabling individuals to share ideas, experiences, and updates in real-time. Technology can do a lot to connect people and it can help form and strengthen friendships and different relationships, but it can also alienate us from our friends and society. ICT has greatly improved productivity and efficiency in both the workplace and in personal tasks. When countries like China, Bangladesh, or India have a lower standard of living without compromising the quality of delivered work, it allows for a cheaper price on consumer goods.Technology will take this concept to the next level. Traditionally, communication was limited to face-to-face interactions or telephone calls, which were often geographically restrictive. Platforms like Zoom, Microsoft Teams, and Google Meet allow teams to collaborate effectively across time zones and physical locations. C. Information and Communication Technologies in Everyday Life: A Concise Introduction and Research Guide. That's why outsourcing is a common practice in the United States. (2007). For instance, smart traffic lights adjust signal timings based on the volume of traffic, reducing congestion and ensuring smoother traffic movement. Moreover, digital marketing and social media have allowed businesses to reach a wider audience and engage with consumers in a more personalized manner. People can threaten others anonymously because of technology. Health-monitoring apps and wearable devices like Fitbit and Apple Watch track users' physical activity, heart rate, and sleep patterns, encouraging healthier lifestyles. However, the integration of ICT into education has expanded learning opportunities beyond these traditional boundaries, breaking down barriers related to location, time, and socio-economic status. (2012). We can stream movies, play games, and have access to other entertainment options almost everywhere on our planet.Unless we can be in control of our choices, technology creates the disadvantage of making us pay attention to it instead of the people around us.2. It is easier to falsify one's qualifications because of technology. In some cases, fake news has led to serious consequences, such as public panic, political instability, and the spread of harmful health advice. With our increased use of emojis, society has come full circle from the Egyptians and their hieroglyphics.7. We don't always know how to repair the technologies we use. Furthermore, ICT facilitates the creation of adaptive learning systems, which can tailor lessons to the individual needs of students, enhancing learning outcomes for everyone. We must create new laws that stay up-to-date with the latest tech trends. Educational resources like online courses, eBooks, and tutorials are readily available to anyone with an internet connection. Blog Post Author Credentials Louise Gaille is the author of this post. Platforms like Khan Academy and Coursera enable learners of all ages to acquire new skills and knowledge at their own pace. Later on, we used written forms of communication, but before the technological area – messages were sent either via messengers or via the postal service (which is also relatively new), which was very slow. The International Journal of Information and Learning Technology, 38(4), 364–380. This shift allows employees to focus on more complex and creative tasks that require human expertise. Deep-fake videos, satirical content, and one-sided pros enable the formation of echo chambers that can create a false reality. How ICT Has Improved Communication in Everyday Life Information and Communication Technology (ICT) has dramatically transformed the way we communicate in everyday life, making it faster, more accessible, and more efficient. Communication, printing, daily chores, production, and access to information – are just some of the things that benefited from the speed that came with technology. On a mental health level, excessive use of digital devices can contribute to stress, anxiety, and depression. R. As technology continues to evolve, it is essential to strike a balance between embracing the benefits of ICT and managing its potential risks. Have you ever played a mobile game on your smartphone? It is up to each of us to determine if the content we consume or share is real. Thus, while ICT offers numerous advantages, its impact on daily life requires careful consideration and balance to maximize its potential while mitigating its risks. It's up to each of us to maximize that benefit.10. With the increasing number of vehicles on the roads, traffic congestion has become a major issue in many urban areas. By doing so, we can ensure that ICT continues to enhance our lives without compromising our well-being or the well-being of the planet. It has the potential to create positive change, but also brings with it new challenges and responsibilities. Whether it was The Home Depot, Capital One, or Experian, the lack of privacy that we have in today's culture is surprising. ICT has been a driving force in the growth of the global economy and the proliferation of online businesses. I. It took a long time for Helen Keller to become the first person who is blind and deaf to earn a bachelor's degree from an accredited institution. We have enough information to verify facts, but do we have the will power to make that investment?3. Calendar apps like Google Calendar sync appointments and deadlines, ensuring that people stay on top of their commitments. Disadvantages of Using ICT in Daily Life While Information and Communication Technology (ICT) has revolutionized the way we live, work, and interact, it has also introduced several challenges and disadvantages. Distant places only received mail once a week, while today – using emails – you can communicate with anyone very quickly. In that aspect, it is understandable how technology is beneficial for us and our society and how it stimulates both constant innovation and improvement. People work longer hours than ever before because of technology. These platforms also enable businesses and organizations to communicate directly with their customers, offering personalized customer service and sharing important updates instantly. Social media platforms such as Facebook, Twitter, and Instagram have redefined the way people interact. The rise of digital platforms, e-commerce, and global connectivity has transformed traditional business models and facilitated the emergence of entirely new industries. Social Isolation and Reduced Face-to-Face Interaction: While ICT has made it easier to stay connected with others through social media and messaging apps, it has also contributed to social isolation. Empowerment and Personal Growth: ICT has also empowered individuals by providing them with tools for personal growth and self-improvement. You would find about the same amount of information on that one piece of paper as you can on the average website's home page today. We also have the ability to destroy entire civilizations like never before.That's why our focus must be on responsibility instead of dependency. As a result, misleading information, rumors, and conspiracy theories can gain traction and cause harm to individuals, communities, and even societies at large. People have become unnecessary and that is not just a question of labor, but a consequence that can emanate onto so many parts of people's lives and that is never a good thing. Moreover, over-dependence on technology can result in a lack of critical thinking and problem-solving skills. Digital tools and resources have enhanced the learning experience. We might consider ourselves to be an advanced civilization today, but on universal terms, it wasn't that long ago when humans thought that fire was the smartest thing ever invented.And the wheel? Online platforms such as Upwork, Freelancer, and Fiverr have empowered individuals to offer their services globally, breaking the traditional boundaries of employment. At work, ICT is indispensable—emails, virtual meetings, and cloud-based collaboration tools make communication and task management more efficient than ever before. Software applications for word processing, spreadsheets, and presentations have streamlined everyday tasks, allowing individuals and businesses to complete work more quickly and accurately. Many people spend more time interacting online rather than engaging in face-to-face conversations, leading to a decline in real-world social skills. Over-Dependence on Technology: Another major disadvantage of ICT is the growing over-dependence on technology. One of the most common physical health issues associated with ICT is "digital eye strain," caused by prolonged screen time. The COVID-19 pandemic accelerated the adoption of remote work technologies, with tools like Zoom and Microsoft Teams enabling businesses to continue operations and collaborate from anywhere in the world. From personal to professional environments, ICT tools are embedded in almost every aspect of modern life. Or giving very suspicious herbs? Life-changing!When we look at the advantages and disadvantages of technology, then it is essential to keep a historical perspective instead of a modern one. Digital platforms, mobile apps, and social media enable residents to interact with local government authorities, share their concerns, and suggest improvements for their communities. Advantages and disadvantages of regularly using a laptop computer in class, in primary and secondary schools and in higher education from the point of view of preservice teachers. Unless you were in a major city like Philadelphia or New York City, the average size of a local paper was a single page. Hundreds of millions of people have suffered identity theft issues in recent years because of data breach incidents. One of the favorite ways that commentators use to describe this advantage of technology involves newspaper content. A., & Wan, Y. Certainly, technology has made our lives better and faster, but we have also become dependent on it, which is never a good thing; some people have even become addicted to it. Promoting Economic Growth: By leveraging ICT, smart cities are creating an environment conducive to economic growth. This is a list of some of the most important disadvantages of technology today: Remember the dystopian novels written by Yevgeny Zamyatin, Aldous Huxley, and George Orwell? Think about the last text conversation that you had with someone. It gives us a new way to adapt to disabilities that can impact the human race.3. We have more knowledge available to us because of technology. It is a technology that has brought us guns, missiles, tanks, atomic bombs, and other nuclear weapons, which is a clear sign that it can be very dangerous. Electronic devices, such as smartphones, computers, and televisions, contain harmful materials like lead, mercury, and cadmium, which can leach into the environment if not properly disposed of. Bitcoin has been around for over a decade, but only now are their processes and procedures being developed to use blockchain technology. We might be communicating with others more often than ever before, but the quality of those conversations is somewhat lacking. In the realm of healthcare, ICT facilitates the delivery of telemedicine services, allowing patients to consult doctors remotely and access medical advice without the need for in-person visits. One particular aspect that has significantly influenced entertainment and leisure activities is the advent of codes specifically designed for existing players. By relying on technology, we must not forget who we are, i.e., that we are humans who need social contact and should not depend (or become addicted) to technology because technology is rarely the solution for real-life issues. Cybercrime is a crime connected to computer networks. With the increasing amount of personal information shared online, individuals become more vulnerable to cyber-attacks, identity theft, and data breaches. He might feel as if he does not need to make an effort because everything is so easily available and ready to use, which is where the teacher must intervene and do the motivating himself. Frissen, V., & van Lieshout, M. This efficiency boosts productivity, leading to increased output and profitability. Additionally, the growth of cryptocurrencies and blockchain technology has introduced new possibilities for secure, decentralized financial systems, which could further transform global commerce. Behaviors like stalking, bullying, and verbal threats are much higher today because it is possible to stay somewhat anonymous. For students with disabilities, ICT has also made education more inclusive. One of the most significant ways ICT has fueled economic growth is through the expansion of e-commerce. Cloud services, such as Google Drive and Dropbox, have further enhanced this by enabling real-time collaboration on documents, spreadsheets, and presentations, which eliminates the need for back-and-forth emailing of file versions. Namely, the technological advancements made in transport and vehicles allowed us not just to travel faster, but also to travel to locations previously unavailable to us. Sensors in trash bins send data about their fill levels, allowing waste management systems to collect trash only when necessary, saving time and reducing fuel consumption. Thanks to technology, we have managed to increase our overall knowledge of the universe and things around us. Many of today's jobs are sedentary, and the programming of artificial intelligence in the future is only going to increase this disadvantage. The constant use of technology has also led to decreased personal privacy and security, as well as dependence on technology in our daily lives. If you're reading this, you probably don't, which is a good thing and a very important sign of technological development. Software solutions for inventory management, customer relationship management (CRM), and enterprise resource planning (ERP) allow businesses to streamline their operations, reduce costs, and make data-driven decisions. Interestingly enough, although technology has done a lot to improve our lives and our educational systems, it can also have some negative effects on the educational process. These buildings are equipped with sensors that monitor lighting, heating, and cooling systems, adjusting them based on usage patterns and occupancy. Increased Productivity and Efficiency: ICT tools significantly increase productivity and efficiency in both personal and professional environments. Ride-sharing apps like Uber and Lyft make it easier to get from one place to another, while food delivery services such as DoorDash and Grubhub bring meals directly to consumers' doorsteps. Labor costs are usually the most significant expense for a business. The use of technology in various sectors, such as logistics, retail, and services, makes businesses more efficient and competitive. This was utilized in the creation of vaccines and medications, but also forms of treatment that have saved millions of lives around the world. Smart cities use ICT to enhance the quality of life for their residents, optimize resource management, and improve public services. For instance, if a person's smartphone breaks or they experience a power outage, they may struggle to complete simple tasks like checking emails, making appointments, or navigating to a location. Most of these experiments were used for good and did not do much harm, but the fact is that some of them have. The internet and social media have connected people from all over the world, and online platforms have made it easier for individuals and businesses to connect and collaborate. For example, smart emergency systems can notify first responders of accidents or natural disasters, providing them with crucial information to reach the scene quickly and effectively. Books were the primary source of knowledge and because of the power information have, books were not widely available and easily accessible. (2017). T. Online marketplaces like Amazon, Alibaba, and eBay have made it easier for businesses to sell products and services across borders, breaking down geographical barriers. Although it would create new jobs in programming and management, automation will create efficiencies that can dramatically lower future prices. B. Similarly, predictive maintenance systems powered by ICT enable city infrastructure to be maintained proactively, reducing downtime and ensuring that roads, bridges, and utilities are always in optimal condition. The Advantages and Disadvantages of Using ICT in Daily Life In the 21st century, Information and Communication Technology (ICT) has become an integral part of our everyday lives. Previous ArticleThe Relationship Between ICT and the Digital Divide Next Article Difference between Verbal and Non-verbal Communication We have access to more information than ever before in our history. So, technology did not only make us quicker but also more mobile as it allowed us to see what we could not see before all these developments. Through ICT, businesses can now reach a broader audience, streamline operations, and enhance customer experiences in ways that were once unimaginable. Technology has developed our understanding of the human body and it has enabled medicine to understand some processes better. Cloud computing has also played a key role by providing businesses with scalable, cost-effective storage and computing power, allowing them to innovate and expand without the need for significant capital investment in infrastructure. The advancements in technology have changed the way we communicate, access information, and conduct business. By embracing ICT, cities can pave the way for a more connected, sustainable, and inclusive future. Smart healthcare systems can also monitor patients' health data through wearable devices and send alerts to healthcare providers in case of abnormalities, improving the overall quality of care. Real-time tracking of buses, trains, and subways helps commuters plan their journeys more efficiently, while mobile apps like Google Maps and Citymapper provide up-to-the-minute information about routes and schedules. From optimizing transportation systems and improving energy efficiency to enhancing public services and fostering citizen engagement, ICT is at the heart of the smart city movement. Video calls and instant messaging facilitate real-time conversations, allowing people to experience face-to-face interactions without the limitations of distance. Privacy and Security Concerns: One of the most significant disadvantages of using ICT is the threat it poses to personal privacy and data security. 253–262). That's why our knowledge base continues to rise rapidly when compared to previous generations.People got into specific professions in the past through lecture-based apprenticeships and classroom learning structures. For businesses, ICT has enabled the automation of repetitive tasks, reducing the need for manual labor and minimizing errors. That means a different point of emphasis occurs in its development. Of course, all that garnered knowledge has been used in the educational process and has helped to improve our educational systems, both theoretically and practically. Your eyesight can worsen, bright lights in films and TV shows can lead to epileptic seizures, handling dangerous machinery can cause severe harm, etc., but most of these problems, however, grave they might be, can be easily resolved and avoided when properly handling a device. One of the most significant ways ICT has improved education is through the availability of online learning platforms. M., & Rezvanfar, A. 100 years before that, we were focused on industrialization. Project management tools like Trello, Asana, and Monday.com help individuals and teams stay organized, prioritize tasks, and track progress, leading to more efficient workflows and timely project completion. Those without access to ICT tools may face difficulties in finding information, applying for jobs, or participating in online education. Cities can also use ICT to monitor water usage, detect leaks, and manage irrigation systems more efficiently, reducing water waste. From enhancing communication and providing easy access to information to increasing productivity and improving healthcare, ICT has transformed the way we live, work, and interact with the world. Apps like Duolingo, Khan Academy, and MasterClass make it easier for anyone to pursue their passions and develop new abilities. Educational apps, virtual classrooms, and multimedia content (such as videos, podcasts, and interactive exercises) cater to different learning styles, making it easier for students to grasp complex concepts. For example, online learning enables students to study at their own pace, which is especially beneficial for working adults or those with family commitments who may find it difficult to attend regular classes. For example, younger generations who are constantly using smartphones may find it difficult to communicate in person, which can lead to social anxiety and a lack of social bonding. Tools like email, instant messaging, and video conferencing have bridged distances, allowing people to connect instantly, regardless of location. Then you can access those funds by using a debit card. ITS uses real-time data from sensors, GPS devices, and traffic cameras to monitor traffic conditions and optimize traffic flow. Information and Communication Technology (ICT) has become a fundamental part of daily life, transforming how we live, work, and interact with the world around us. Technology truly did speed up a lot of things and it helped the development of the modern age. The advantages of using ICT in daily life are undeniable. For people in marginalized or remote communities, ICT offers a means of empowerment by granting access to education, healthcare, and employment opportunities that were once difficult to attain. Moreover, social media provides opportunities for self-expression, as individuals can share their ideas, art, and achievements with a global audience. And these are just some of the more notable examples. The Boeing 787 operates at a cruising speed of Mach 0.95, allowing anyone who can afford a ticket the option to travel almost anywhere in the world in a single day. When we look at the progression of technology in farming, there are fewer workers in the agricultural sector because today's tools make workers more productive. & M. Technology has, thus, not only saved us, but it has drastically increased our life expectancy and some people even think it could increase it even further so kudos to that! One good thing about technology is that it is available to most, if not all. With sensors and data analytics, cities can optimize the use of electricity, reducing waste and lowering costs. Through the integration of data-driven solutions, connected devices, and digital tools, ICT is helping cities become more responsive, efficient, and sustainable. Small businesses, in particular, have benefited from the ability to access global markets, competing with larger corporations through affordable online stores and digital marketing tools. With the development of technology, you can easily access a variety of information from the comfort of your own home. Unless we have the desire to authenticate every content item we consume, the odds that real data gets shared is equal to false information. Although we're not always aware of it, artificial intelligence is present around us, usually a lot more than we think it is. This has become especially important with the rise of remote work and virtual meetings, which were made possible through advancements in ICT. The average worker who has telecommuting responsibilities with their profession will work an average of seven hours more than someone who commutes to an office every day. (n.d.). Just ask the people who lived through the atomic explosions at Hiroshima and Nagasaki.ConclusionIt is essential to remember in the advantages and disadvantages of technology that we are responsible for making it a positive or negative experience.We can communicate in ways like never before. Strengthening Public Safety and Security: The safety of citizens is a top priority in any urban setting. Some of them are well-known, some are more obscure, but be they what they are – they are present. Social media platforms, e-commerce websites, and online banking systems all store sensitive information, and these data repositories are frequent targets for hackers. Platforms like Coursera, Khan Academy, and Udemy offer free and paid courses on a wide range of subjects, making education more accessible than ever before. With the increasing reliance on digital devices for communication, entertainment, work, and daily tasks, people may find it difficult to function without access to technology. We might have the ability to be more productive today than at any other time in history, but every generation can say that because of the collective nature of this wisdom.List of the Advantages of Technology1. Moreover, the integration of data analytics allows law enforcement agencies to predict crime patterns and deploy resources more effectively. (2006). Social Connectivity and Support: ICT has revolutionized how we connect with others, fostering social interaction and support. Primitive examples are present in history, but it was not until modern technology enabled the development of computer systems and servers that real, large, and easily accessible databases came to be. Mahmood, A. With so many tasks automated or facilitated by technology, individuals may become less capable of solving problems manually or thinking through situations without the aid of digital tools. However, as with any innovation, technology also has its own set of advantages and disadvantages. Zilka, G. This dependence can lead to problems when devices fail, networks go down, or there is a lack of internet access. Namely, as we direct ourselves towards technology and away from the people in our lives, we may close ourselves out and instead of socializing, actually do the opposite. The rapid integration of ICT into daily life has brought about significant changes, but these transformations are not without their drawbacks. The internet has transformed how we find and consume information. (2014). If we are unable to do so, then it can lead to burnout, higher stress levels, and health concerns. Although the goal seems to be an effort to bring out the best in each of us, technology tends to empower individuals to tear others down instead. This is closely related to the issue presented in point two. Additionally, ICT can support sustainable urban agriculture. This has made education more accessible to people who may not have the means to attend traditional educational institutions, such as those living in remote areas or those with busy schedules. Unless our laws and regulations catch up with the innovations that we produce each year, we have no recourse to stop these behaviors.False personas are only one issue to consider with this disadvantage. Issues in Teaching Using ICT. The Disadvantage of ICT in Higher Education Students' Study and Life through Lanzhou University Postgraduate Students. Although I, personally, don't like Huxley that much, Zamyatin and Orwell were prophetic geniuses whose visions of dystopia still haunt the minds of millions. How ICT Enhances Productivity and Efficiency in the Workplace and Personal Tasks Information and Communication Technology (ICT) has revolutionized the way people manage both their professional and personal tasks, significantly enhancing productivity and efficiency. CCTV cameras equipped with advanced image recognition software can identify suspicious activities in real time, alerting authorities to potential security threats. This is why technology is so breathtakingly innovative because it stimulates creation on each step. If you have any suggestions on how to make this post better, then go here to contact our team. Additionally, ICT tools like GPS navigation systems have made it simpler to get from place to place, reducing the time spent getting lost or searching for directions. Technology has had a profound impact on society in recent years. This disparity limits opportunities for education, employment, and social participation, as people without access to ICT are left behind in the digital age. By providing powerful tools for organization, collaboration, and automation, ICT allows individuals and businesses to save time, streamline operations, and accomplish more with less effort. For example, major data breaches have affected millions of people, exposing personal details like credit card numbers, social security numbers, and passwords. Optimizing Transportation and Mobility: One of the most significant contributions of ICT to smart cities is the improvement of transportation systems. Had we not invented space shuttles we would not have traveled to outer space. We are so connected to the information access that we have because of technology that it feels like an addiction. The use of smartphones and smart devices also enhances personal productivity by providing easy access to information, communication tools, and apps that simplify daily activities, such as grocery shopping, meal planning, and exercise tracking. The Hyperloop proposes to transport humans at faster speeds than ever accomplished before and history on our planet. Privacy is very important, even vital to some people. ICT solutions like Intelligent Transportation Systems (ITS) have been developed to address this problem. A lot of things are quicker thanks to technology. By utilizing these codes, players gain access to exclusive content, unlock customization options, and foster a stronger sense of community within the gaming sphere. Human curiosity is a good thing, but like with all things, one must know the right measure for it to function. Some things might go unnoticed, but there are very malicious people out there that might threaten you and cause you a lot of trouble because they know how to exploit your private data. The average person looks at their device almost 100 times per day. Whether it's for academic purposes, personal growth, or professional development, the wealth of information available online is unprecedented. Furthermore, ICT facilitates transparent communication between the government and the public. Your wages can be directly deposited into your bank account today. Labor previously done by humans has now been given to robots, who do it equally as efficiently and they actually cost a lot less than paying a person each month. You might picture robotics, a smart appliance, or an automobile.Technology is the entirety of our collective knowledge. The constant flow of information and notifications can also overwhelm individuals, contributing to mental fatigue and a reduced ability to focus. She received her B.A. in Economics from the University of Washington. It has made many aspects of life more convenient, efficient, and interconnected. Online communities provide spaces for individuals to share experiences, seek advice, and build support networks. The integration of smart grids allows for real-time monitoring of electricity consumption, enabling better management of energy distribution. It is important for individuals and society as a whole to be aware of the effects of technology and use it responsibly. The development of technology has improved our understanding and organization of databases. This would not have been a problem if every town had its own library, but that was not the case. Every task or action that we take uses the technological history of humanity to encourage productivity. It is possible to spend thousands of dollars every day without seeing any physical money because of the technologies found in this area.Bitcoin and other cryptocurrencies seek ways to take this concept to another level. If we can remain disciplined in our actions, then we can accomplish anything. This shift has allowed businesses to tap into a global talent pool, often at lower costs, and has given workers the flexibility to choose projects that align with their skills and interests. The digital divide, where some individuals and communities have less access to technology and the internet, exacerbates social and economic disparities. Other living beings have been subjects of experiments for ages, as technological advancements needed some knowledge. Ict in everyday life. Slob (Eds.), User Behavior and Technology Development: Shaping Sustainable Relations Between Consumers and Technol (pp. Moreover, the sedentary lifestyle associated with prolonged screen use has been linked to obesity and other chronic health issues, as many people spend hours on their devices without engaging in physical activity. But it is not just that – technology has made some things more available than before and that is also a very important benefit! Thanks to technology, all the things mentioned above are available to you, including this article, so we can definitely conclude that technology has done so much for us that it has become essential. Right now, we are looking at the development of artificial intelligence and machine learning as a way to eliminate the repetition issues that we see in our society.When we can remove repetition from our routines, then we can focus on the creative endeavors that technology cannot duplicate. Digital Divide: While ICT has made significant advancements in connecting people, it has also highlighted the digital divide—the gap between those who have access to digital technologies and those who do not. This is a very sociopsychological side-effect of technology and is certainly the result of our own decisions. Talebian, S., Mohammadi, H. How ICT Has Contributed to the Growth of the Global Economy and Online Businesses Information and Communication Technology (ICT) has significantly contributed to the growth of the global economy and the expansion of online businesses by creating new opportunities for commerce, communication, and innovation. Trying to keep up with these changes from a legal standpoint can feel like an impossible task. S. As we have seen in recent years, emboldened people who can conduct themselves in this way online can transition their choices into real-life scenarios.4. Technology allows us to manipulate content to create echo chambers. Springer Netherlands. Since the election of Donald Trump in 2016, fake news has become a new lexicon in our global language. For example, self-checkout kiosks in supermarkets and AI-powered chatbots in customer service are slowly replacing human workers. Had we not invented the boat we would never have traveled to the South Pole. You can order food in advance from a restaurant to pick it up, shop for groceries online to have the store deliver them to your door, and use other conveniences to make life easier.This benefit allows us to explore more of our world because we are spending less time waiting around to meet our basic essentials.7. We become innovators because of technology. This is particularly valuable for individuals who may feel isolated in their local environments due to geographical or social limitations. These codes offer a multitude of benefits, catering to the needs and desires of passionate gamers. Information and Communication Technology (ICT) plays a fundamental role in this transformation, enabling the development of "smart cities" that leverage technology to improve urban living. Websites like Coursera, edX, and Khan Academy offer free or affordable courses on a wide range of subjects, from computer programming to business management, allowing anyone with internet access to learn new skills or earn qualifications. Nonetheless, it is important to address the potential concerns surrounding these codes, such as the issue of fair play, as they may provide certain players with an unfair advantage. Technology is something of a chain reaction. While ICT has undeniably transformed how we live, work, and communicate, it is important to recognize the disadvantages of its widespread use. Postholm, M. Technology allows us to create resources for people who need specific areas of assistance. Because of the interactive nature of today's technology, we can immediately debate and practice new concepts or skills in the comfort of a classroom environment or home-based learning opportunity. We have become more dependent on others to make our lives easier because of

From smartphones and computers to social media platforms and cloud computing, ICT has revolutionized the way we communicate, learn, work, and entertain ourselves. Some people live by the philosophy that you need to “fake it to make it.” Because we have access to so much information today, it is much easier for someone to falsify their qualifications. This leap in networking allowed us to start taking advantage of what diversity provides our culture. Smart grids also make it easier to integrate renewable energy sources such as solar and wind power into the city’s energy mix, supporting the transition to greener energy solutions. International Journal of Learning and Teaching, 3(3). The blue light emitted from screens, particularly from smartphones and computers, has also been associated with disrupted sleep patterns, as it interferes with the body’s natural circadian rhythm. Furthermore, ICT helps businesses manage inventory, analyze data, and make informed decisions, resulting in improved customer service, cost savings, and overall business growth. This technology creates a borderless solution that eliminates the need for governments to get involved with currency development.6. Technology allows us to be more efficient with our time. We will also discuss the pros and cons of technology in education and healthcare. For instance, productivity applications like Todoist and Google Keep help individuals organize their daily schedules, set reminders, and track progress on personal goals. To summarise, cybercrime is a growing and dangerous phenomenon, and without a doubt one of the biggest disadvantages that came without technological development. People are being spied on and they constantly risk exposing their privacy. If we want to live in a world of lies, technology allows us to accomplish that goal. Job Displacement and Automation: As ICT continues to advance, many traditional jobs are being replaced by automation and artificial intelligence (AI). Social media, in particular, can be a source of negative emotions, with users often comparing themselves to others, leading to feelings of inadequacy or isolation. In the initial stages, people communicated solely by using verbal or non-verbal communication. Additionally, digital libraries and research databases allow students, professionals, and researchers to access up-to-date information from around the world, breaking down traditional barriers to learning. While there are challenges that come with increased reliance on technology, the benefits of ICT far outweigh the disadvantages when used responsibly. The production, use, and disposal of electronic devices contribute to e-waste, which is one of the fastest-growing waste streams worldwide. You can download an app from virtually any business, use it to purchase something or make a reservation, and continue on with your day without being tied to a desk.12. Cybercrime is a growing phenomenon and is endangering the data and money of people around the world. Technology has become an integral part of our daily lives, and it is hard to imagine a world without it. In a world with less developed technology, people had more privacy because there was no system to oversee them and categorize the necessary data. Convenience in Daily Activities: ICT has greatly enhanced the convenience of everyday life. K. All these novels discussed a futuristic society where people are under complete control by the state. Instead of having an in-person conversation with a family member or loved one, our comfort zone today occurs in social media and with technology. Online chatting made it possible to talk with other people from all over the world by using only your computer. Darek, H., & Anita, M. There are a lot of health issues associated with technology, especially computer technology. Cybercrime can even take the form of cyberterrorism, which is a serious threat to people around the world. Online shopping platforms such as Amazon, eBay, and Etsy offer a wide variety of products that can be purchased from the comfort of one’s home, often with the option of home delivery. Advantages and Disadvantages of M-Learning in Current Education. With a smartphone, individuals can manage nearly every aspect of their day—from setting reminders and making to-do lists to paying bills and ordering groceries. With all the technological developments – the telegraph, the telephone, the Internet – we’ve managed to redefine our perception of communication and develop new styles of communication with our friends and family, wherever they might be. In the workplace, ICT tools streamline operations, reduce the time required for tasks, and improve overall coordination among teams. In addition to workplace efficiency, ICT has greatly improved personal task management. In the area of waste management, for example, cities are using ICT solutions to optimize garbage collection. It can take different forms, most of which are cyber forms of known crimes such as fraud, theft, and identity theft. As technology continues to evolve, the potential for ICT to reshape business practices and economic structures will only continue to grow. When was the last time you spend more than 10 minutes in a queue? Platforms like PayPal, Venmo, and mobile wallets have revolutionized how consumers and businesses handle transactions. Striking a delicate balance between the advantages and potential drawbacks of codes for existing players is crucial in order to ensure equitable and enjoyable experiences for all gamers. Many companies are exploring ways to embrace the idea of a digital revolution. Whether that observation is real or farcical is up for debate, but the idea is solid.Technology helps us to see numerous perspectives instead of a single one. With the help of technology, people can now work remotely, access a wealth of information and education, and receive medical care from the comfort of their homes. At the turn of the 20th century, we were focused on transportation. When your name is somewhat unique, then anyone can find you almost immediately.9. Automation can make us lazy. Information and Communication Technology (ICT) in Higher Education: Advantages, Disadvantages, Conveniences and Limitations of Applying E-learning to Agricultural Students in Iran. Their states were ruthless in their control and the surveillance of the people, but you have to remember that these novels were written in a period when the technology was not advanced as it is today and when there were far fewer possibilities of surveillance and control than there are now. D. Traditionally, education was confined to physical classrooms, and access to learning materials was limited to textbooks or in-person lectures.

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